

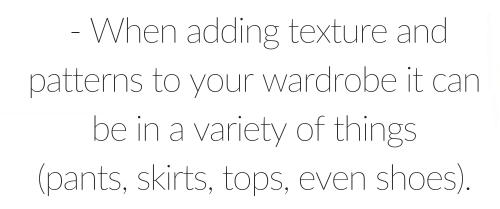
D WARDROBE

When it comes to your outfits, it can be overwhelming process, but it doesn't have to be. When choosing your outfits for your session, use pieces of clothing that you feel most comfortable in and that you LOVE. This will give you a great starting point. Then you can add subtle changes to take your outfits to the next level. For example, layering by adding a blazer or jacket to you outfit. Instead of flats, think high heels. Finally, the details are all in the accessories. Jewelry and accessories add the finishing touches and are equally important. PS. Make sure your clothes are ironed and on hangers to prevent wrinkles.



TEXTURES

A few things to remember when putting the perfect outfits together, color and color combinations, textures and different styles.





- Combining colors that compliment each other.

- When going for color combinations, work with colors that are in the same "Family Shade".

- Color can be found in any clothing, accessories or even shoes.



- You want to be sure and bring an arrangement in styles. Something casual, dressy and why not even bust out your glitter and sequins for a "glam wow" effect.



2 PORCELAIN PERFECTION



// EXFOLIATE //

Use a loofah at least 2 days before your session. It will help reduce dry patches and texturing. Exfoliating gives your skin a natural glow and trust me, you won't stop after this one time.

// SQUEAKY CLEAN & HYDRATION //

It's best to wash your face thoroughly and apply a hydrating moisturizer just before your session. The foundation will apply more evenly. Try to avoid using any new products containing salicylic acid at least 2-3 weeks before your session. Salicylic Acid dries your skin out. Most acne skin cleansers have this in their products. Just be careful to not introduce new products to your skin.





// HYDRATING //

Drinking lots of water a few days before your session will ensure energy and natural glowing skin.

// SPRAY TAN//

Don't tan in the natural sun or tanning beds! You could appear really red or even sun burned. Spray tans are the BEST option. If you are going to, it's best to do it at least 3-4 days prior to your session.





//SLEEPING BEAUTY//

Be sure to get a good nights rest prior prior to your session date. There is nothing attractive about puffiness and gabs under your eyes.

B MAKE UP & NAILS

Whether you've had your make up professional done in the past or not, you should work with a make up artist to enhance the beauty that you already are. So, be sure to arrive with a clean and moisturized face ready for make up application. False eyelashes are one of my personal favorites and should be part of the makeup application process. If you desire to have a specific makeup look bring in a picture of what you are thinking about and they will create their version for you.

As for your nails, they should be polished and possibly manicured. Nude and warm colors are best and recommended. If you have short nails like me, than off to the nail salon! Dont have time? Press On's work magic; just be sure to use the glue instead of the sticker.

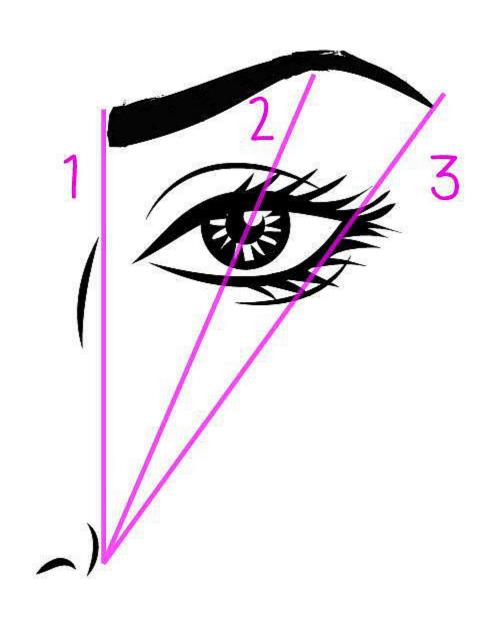


A EYEBROWS ON FLEEK

Making sure your eyebrows are taken care of before your session. I recommend the following ways for making sure they are on POINT.

//PLUCKING//

This is a common way to shape your eyebrows. Using tweezers and this tip will ensure a great layout of your eyebrows. 1) Vertical line from nostril to inner corner of the brow. 2) A line from the nostril thru the iris part of your eye to the arch of the brow. 3) A 45 degree angle from the nostril to the outer corner of your brow. Do this at least 1-2 days before your session to prevent redness.





//WAXING//

Another common way to shape your eyebrows is to wax them. I highly recommend doing this at least 4-5 days prior to your session. When you wax your eyebrows, the skin that is exposed to the wax is stripped down to new skin causing make up application to look patchy. So plan ahead if this is your preferred method.

//THREADING//

Many have not heard of the "threading" method. It is less evasive and accurate like waxing. I recommend this process at least 2-4 days prior to make sure any redness disappears.



5 LUCIOUS LIPS

The night before your session scrub, scrub, scrub your lips with your toothrbush, than add a glob of vaseline right before you go to sleep. When you wake up in the morning, your lips will be beautifully lush and ready for your close up.



ROCK YOUR SESSION

Please don't let this information overwhelm you. Feel free to ask questions and take time to prepare. It will ensure that your session will be an AMAZING experience for you.

High School can definitely be stressful, but we try to take the guesswork out of your senior portraits, at least! Contact me today to schedule yours!